

6 Kuba ngumtali ngesikhatsi se COVID-19 Kukhuluma nge COVID-19

Bani nesifiso sekukhuluma. Kukhona lesebakuville. Kubindza netimfihlo akubaphephisi bantwana betfu.
Kwetsembeka nekubhobokelana kuyabaphephisa. **You know them best!**

Bani ngulokhulumisekako futsi ulalele

Vumela umntfwanakho akhulume ngekukhululeka. Babute imibuto letawubenta bakhulume uphindze utfole kutsi bati kanganani.

Yetsembeka

Phendvula imibuto yabo ngeliciniso. Cabanga kutsi umntfwanakho unganani nekutsi kunganani langakucondza.

Besekele

Kungenteka kutsi umntfwanakho uyesaba noma udidekile. Munike litfuba akhulume ngemiva yakhe umtjele kutsi ukhona.

Tinengi tindzatjana letikhona

Letinye atisilo liciniso. Sebentisa emakhasi ngcondvomshina labatsembekile:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

<https://www.unicef.org/coronavirus/covid-19>

Kulungile kungayati imphendvulo

Kulungile kutsi "Angati, kodvwa ngisayisebenta; noma ke angati, kodvwa ngiyacabanga." Sebentisa lelitfuba kufundza lokusha nemntfwana wakho.

Emachawe hhayi tidlova

Chaza kutsi I COVID-19 ayinandzaba kutsi ubukeka njani, ubuyaphi nekutsi ukhuluma luphi lulwimi. Tjela bantfwabakho kutsi ningakhombisa lutsandvo kulabo labagulako nalabo lababana kekelako.

Funa tindzatjana tebantfu labasebenta kucedzalesifo nalabana kekelako labagulako.

Phetsa ngendlela lekahle

Yenta siciniseko kutsi umntfwanakho usesimeni lesikahle. Bakhumbute kutsi uyabakhatsalela nekutsi bangakhuluma nawe noma nini. Hlanganyelani nente intfo letanijabulisa!

Chafata lapha kutfole lamanye emasu ekusita batali:

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